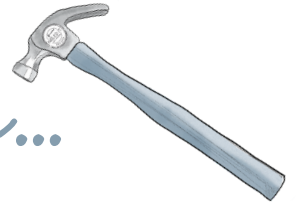




"What's next?"

-my child

get on schedule...



- Build in breaks, recess, and lunch.
- Give them choices
- Make tasks 1 hour long or shorter
- Make them a part of creating the schedule
- Build it recognizing your child struggles
- Be flexible, but tough
- Print a new schedule each day, but prepare it the night before with the family

Don't forget creative time!

our favorite...

Head over to naileditdiy.com & click the banner like this one...



Supplies and instructions provided.



"What's next?"

-my child

get on schedule...



Rest/Meditation:

Outdoor Activity:

Chores:

Creative Time:

Class Subjects:

Family Time:

Weekday Schedule:

8:00-9:00 am

9:00-10:00 am

10:00-11:00 am

11:00-12:00 pm

12:00-1:00 pm

1:00-2:00 pm

3:00-4:00 pm

4:00-5:00 pm

5:00-6:00 pm

6:00-7:00 pm
